

Your 90-Day SMART Goal Plan

YOUR TRANSFORMATIONAL GOAL STATEMENT

By _____ (date 90 days from today), I will:

so that I can:

which will enable me to:

IS YOUR GOAL SMART? (Check Each Box)

- Specific** - It's clear exactly what I'm achieving
- Measurable** - I'll know when I've done it
- Achievable** - It's ambitious but realistic for 90 days
- Relevant** - It moves me toward sustainable self-employment
- Time-Bound** - I have a clear deadline

● **MONTH 1 TARGET (Days 1-30)**

By _____ (date), I will have:

Actions I need to take:

● **MONTH 2 TARGET (Days 31-60)**

By _____ (date), I will have:

Actions I need to take:

- **MONTH 3 TARGET (Days 61-90)**

By _____ (date), I will have:

Actions I need to take:

PROGRESS TRACKING

- **Week 1 Check-in:**

What I completed:

What I'm stuck on:

- **Week 2 Check-in:**

What I completed:

What I'm stuck on:

- **Week 3 Check-in:**

What I completed:

What I'm stuck on:

- **Week 4 Check-in:**

What I completed:

What I'm stuck on:

(Continue as long as needed)

IF I FALL BEHIND:

When I notice I'm off track, I will:

Who I'll reach out to for support: